



WHANGAMATA

1-2-1 BIKE & RUN COURSES

**BIKE 2 Laps: From Transition into Ocean Rd, left into The Link, left into Seaview Rd, into Williamson Park, through the Transition Zone and repeat. At the end of the second lap finish in the Transition Zone**

**RUN 1 Lap: From Transition into Ocean Rd, left into The Link, left into Seaview Rd, into Williamson Park and into the finish chute to the Finish Line**